

## **COVID-19 PROTOCOL**

The following are Participants Standard of Conduct outlines Sieger Group expectations of Outbound Training this Session, as we work to keep our participants, staff, operators, and adjacent communities safe. We need your help and cooperation to keep these beautiful outdoor learning places open for everyone to enjoy.

- Carry enough face masks to the camp.
- Wash your hands frequently, especially when coming and going from your campsite.
- Sanitize your hands after coming into contact with common areas.
- Please follow hand washing; whilst we will also have, but we'd want participant also to bring with them their own supply of hand soap and hand sanitizer.
- Bring disinfecting wipes and hand sanitizer with you to the washroom.
- When nature calls, please only use the washroom buildings.
- Don't share anything that touches your face, eyes, or mouth.
- Pack a small first aid kit with some basic supplies, so you're prepared to deal with minor injuries on your own.
- Check if you have cough, fever or any symptoms of illness before coming to Outbound Training.
- Temperature checking is mandatory before entering the camp premises.
- If you are sick with or tested positive for COVID-19, were recently exposed (within 14 days) to someone with COVID-19, or just don't feel well, do stay at home.