

Power of Mind

Explore & Evolve Managerial Styles and Behaviours to Execute Your Strategy!

Workshop Methodology: Interactive & Participatory Case Based Reasoning & Facilitation

Workshop Content Coverage – Outline Of Topics [1 -2 Days]: [Schedule: 9:15-10:45AM / 11-1PM / 1:45-3:15PM / 3:30-5:30PM]

Workshop Title & Overview:

“You are the most powerful magnet in the universe! You contain a magnetic power within you that is more powerful than anything in this world, and this unfathomable magnetic power is emitted through your thoughts”.

- Rhonda Byrne

The Workshop has a ‘Holistic approach’ which provides an opportunity to know oneself by understanding the ‘universal mind’. The Workshop also contains a set of basic mind tips and exercises for keeping oneself healthy in Mind & Body, which reflect in the relationships too. An individual is made up of knowledge, behavioral traits, attitude, skills etc. Hence, to understand the individual it is important to understand the origin of these behavioral traits & attitude.

Workshop Objectives:

The behavioral traits and attitude is deeply embedded in the subconscious mind. The understanding of the power of mind will help one to unleash the strength within. Therefore, an individual has to understand the psychology of re-wiring the subconscious mind.

This workshop will touch up on ‘power of mind’ and how the mind picks up various traits, beliefs and attitudes, and how it reinforces them, finally making an individual. This workshop would also give clear ‘takeaways’ in terms of techniques which could be practiced on a regular basis. Techniques that impact the subconscious so as to clear channels to the Universal Mind thereby creating results real-time will be taught.

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Workshop Content:

- ❑ The butterfly effect
- ❑ The universal holographic principle
- ❑ Mind nuance
- ❑ Self awareness
- ❑ Mindfulness
- ❑ Power of sub conscious mind
- ❑ Plato's cave
- ❑ Mind in relation to science
- ❑ Relationship of Mind and Body
- ❑ Origin of Mind
- ❑ Human Mind power
- ❑ Universal Mind
- ❑ Human Brain - Left & Right Brain
- ❑ Brain waves
- ❑ The Scientific evidence For Mind control
- ❑ Mind control techniques
- ❑ Thought & Thinking
- ❑ Techniques to expand the mind
- ❑ The 'Genetic Field'
- ❑ Understanding Cosmic Laws
- ❑ Metaphysical mind
- ❑ Creating your destiny
- ❑ Elements of organizational mind
- ❑ Neuroplasticity
- ❑ Creative visualization
- ❑ Manifesting thought
- ❑ Mental re-engineering
- ❑ Brain tricks
- ❑ Creative intelligence
- ❑ Self hypnosis techniques
- ❑ Mind over matter
- ❑ The mystical perspective
- ❑ Traditional Indian secrets
- ❑ Physiological and psychological tools
- ❑ Optimizing brain function
- ❑ Practical Meditation
- ❑ Universal techniques
- ❑ Practice the techniques

Workshop Methodology:

The workshop is intended to be an inter-active learning experience compounded with theoretical backing. The main focus would be on activity based learning with a sequence role plays. However our approach will in effect target a change in each participant from within.

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